

ALLERGENS MENU

● – DIRECT ALLERGENS T – TRACE ALLERGENS

	CEREALS	CRUSTACEANS	EGGS	FISH	PEANUTS	SOYA BEANS	MILK	NUTS	CELLERY	MUSTARD	SESAME	SULPHITES	LUPIN	MOLLUSCS
STARTERS														
CHICKEN WINGS	○					○				○		○		
SMALL CHOPS PLATTER (See individual items for allergens)														
PEPPERED PRAWNS	T	○		○					T	T	T	T		T
SPICY GIZZARD	T	T	T	T		○	T		T	T			T	T
PUFF PUFF	○				○	○	○	○	T	○	○	T		
SPRING ROLLS	○										○			
SAMOSAS	○					○								
ASUN							T							
NKWOBÌ				○			T							
BEEF SUYA / CHICKEN SUYA	T	T	T	T	○	○	T		T	T			T	T
AUTHENTIC MAINS														
EWA AGOIN	T	○	T	○		T	T		T					T
PEPPER SOUP WITH ASSORTED MEAT	T	○	T	○		T	T		T					T
PEPPER SOUP WITH CATFISH	T	○	T	○		T	T		T					T
ABULA	T	○	T	○		T	T		T					T
ASSORTED MEAT / PEPPERED CHICKEN	T	○	T			○	T		T	T			T	T
PEPPERED HAKE FISH	T	○	T	○		○	T		T					T
MODERN MAINS														
GRILLED SALMA FILLET				○			T							
GRILLED CHICKEN	T	T	T	T	○	○	T		T	T			T	T
PEPPERED BEEF / PEPPERED TURKEY	T	○	T	○		○	T		T	T				T
GRILLED WHOLE TILAPIA	T	○	T	○		○	T		T			○		T
GRILLED WHOLE CROAKER	T	○	T	○		○	T		T			○		T
SOUPS														
AFANG/OHA/BITTERLEAF/OGBONO	T	○	T	○		T	T		T					T
ASSORTED MEAT OKRA	T	○	T	○		T	T		T					
SEAFOOD OKRA	T	○	T	○		T	T		T					○
AYAMASE/OFADA/FRESH FISH STEW	T	○	T	○		T	T		T					T
EFO RIRO	T	○	T	○		T	T		T					T
EGUSI	T	○	T	○		T	T		T					T
SIDES														
JOLOF RICE	○				○	○	○	○	○	○	○	T		
FRIED RICE	○	○		○		○			T	T			T	T
FRIED PLANTAIN/FRIED YAM														
MOI MOI		○	○	○		T	T		T					T
GIZDODO		○		○		T	T		T					T
CHIPS (POTATO)														
SPICY SAUCE	T	T	T	T		○	T		T	T			T	T
AMALA														
EBA														
POUNDO								○						
SEMOLINA	○													
YELLOW EBA/WHITE RICE														
COLESLAW			○			○				○				
MOCKTAILS														
EKO ATLANTIC												○		
LEKKI SUNSET/VICTORIA ISLAND BREEZE														
FESTAC LYCHEE SUPREME														
VIRGIN MINT MOJITO														
VIRGIN STRAWBERRY DAIQUIRI												○		
OTHER DRINK														
CHAPMAN								T						
EXTRAS														
SALAD			○											○
CRAB		○												
YAM PORRIDGE	T	○	T	○		T	T		T					T
CHOW MEIN	○	○				○					○			
CHINESE FRIED RICE	○	○	○								○			



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MODERN NIGERIAN CUISINE

M E N U

LONDON

|

BIRMINGHAM

|

WOLVERHAMPTON

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SMALL CHOPS PLATTER (See individual items for allergens)														
PEPPERED PRAWNS	▣	■		■										
SPICY GIZZARD				▣		■	▣							
PUFF PUFF	■				■			■		■				
SPRING ROLLS						■					■			
SAMOSAS						■								
ASUN							▣							
NKWOBÌ				■	■									
BEEF SUYA / CHICKEN SUYA					■									
AUTHENTIC MAINS														
EWA AGOIN	▣	■	▣	■										
PEPPER SOUP WITH ASSORTED MEAT	▣	■	▣	■										
PEPPER SOUP WITH CATFISH	▣													
ABULA	▣		▣	■		■								
ASSORTED MEAT / PEPPERED CHICKEN	▣													
PEPPERED HAKE FISH	▣													
MODERN MAINS														
GRILLED SALMA FILLET				■	■	■	▣							
GRILLED CHICKEN				■	■	■								
PEPPERED BEEF / PEPPERED TURKEY	▣	■	▣	■	■									
GRILLED WHOLE TILAPIA	▣											■		
GRILLED WHOLE CROAKER	▣												■	
SOUPS														
AFANG/OHA/BITTERLEAF/OGBONO	▣	■	▣	■										
ASSORTED MEAT OKRA	▣													
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EGUSI	▣													
SIDES														
JOLOF RICE	▣	■		■	■								■	
FRIED RICE	▣			■	■		■							▣
FRIED PLANTAIN/FRIED YAM	▣			■	■									
MOI MOI	▣	■		■	■									
GIZDODO	▣		■	■										
CHIPS (POTATO)	▣					■								
SPICY SAUCE	▣													
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OTHER DRINK														
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SALAD				■										
CRAB		■	■											■
YAM PORRIDGE	▣			■										
CHOW MEIN	■		■			■					■			
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