

ALLERGENS MENU

■ – DIRECT ALLERGENS

▣ – TRACE ALLERGENS

	CEREALS	CRUSTACEANS	EGGS	FISH	PEANUTS	SOYA BEANS	MILK	NUTS	CELLERY	MUSTARD	SESAME	SULPHITES	LUPIN	MOLLUSCS
STARTERS														
CHICKEN WINGS	■					■				■		■		
SMALL CHOPS PLATTER (See individual items for allergens)														
PEPPERED PRAWNS	▣	■		■						▣		▣		▣
SPICY GIZZARD	▣	▣	▣			■	▣		▣	▣		▣		▣
PUFF PUFF	■				■					■				
SPRING ROLLS						■					■			
SAMOSAS		■				■								
ASUN							▣							
NKWOMI				■			▣							
BEEF SUYA / CHICKEN SUYA	▣	▣	▣	▣	■	■						▣		▣
AUTHENTIC MAINS														
EWA AGOIN	▣	■	▣	■		▣	▣		▣					▣
PEPPER SOUP WITH ASSORTED MEAT	▣		▣			▣			▣					
PEPPER SOUP WITH CATFISH	▣		▣			▣			▣					
ABULA	▣		▣			▣			▣					
ASSORTED MEAT / PEPPERED CHICKEN	▣					■			▣					▣
PEPPERED HAKE FISH	▣		▣			■	▣		▣					▣
MODERN MAINS														
GRILLED SALMA FILLET	▣		▣	▣	■	▣	▣		▣					▣
GRILLED CHICKEN	▣		▣	▣	■	▣			▣					▣
PEPPERED BEEF / PEPPERED TURKEY	▣	■		▣	■	▣			▣					▣
GRILLED WHOLE TILAPIA	▣		▣	▣					▣			■		
GRILLED WHOLE CROAKER	▣		▣	▣	■	▣			▣			■		▣
SOUPS														
AFANG/OHA/BITTERLEAF/OGBONO	▣	■	▣	■		▣	▣		▣					▣
ASSORTED MEAT OKRA	▣		▣			▣			▣					
SEAFOOD OKRA	▣		▣			▣			▣					■
AYAMASE/OFADA/FRESH FISH STEW	▣		▣			▣			▣					▣
EFO RIRO	▣		▣			▣			▣					▣
EGUSI	▣	■	▣	■		▣	▣		▣					▣
SIDES														
JOLOF RICE	▣	■	▣	▣	■	▣	▣		▣					▣
FRIED RICE	▣		▣	▣	■	▣	▣		▣					▣
FRIED PLANTAIN/FRIED YAM	▣		▣	▣	■	▣	▣		▣					▣
MOI MOI	▣	■	▣	▣	■	▣	▣		▣					▣
GIZDODO	▣		▣	▣		▣	▣		▣					▣
CHIPS (POTATO)	▣		▣	▣		▣	▣		▣					▣
SPICY SAUCE	▣		▣	▣		■	▣		▣					▣
AMALA	▣		▣	▣					▣					
EBA	▣		▣	▣					▣					
POUNDO	▣		▣	▣				■	▣					
SEMOLINA		■												
YELLOW EBA/WHITE RICE	▣		▣	▣					▣					
COLESLAW	▣		▣	▣		▣	▣		▣					▣
MOCKTAILS														
EKO ATLANTIC												■		
LEKKI SUNSET/VICTORIA ISLAND BREEZE												■		
FESTAC LYCHEE SUPREME														
VIRGIN MINT MOJITO														
VIRGIN STRAWBERRY DAIQUIRI												■		
OTHER DRINK														
CHAPMAN								▣						
EXTRAS														
SALAD	▣		▣	▣					▣					
CRAB	▣	■	▣	▣					▣					■
YAM PORRIDGE	▣		▣	▣		▣			▣					▣
CHOW MEIN	▣		▣	▣		▣			▣					
CHINESE FRIED RICE	▣		▣	▣		▣			▣					